



# SOMERSET GP EDUCATION TRUST

Welcome to SGPET's autumn newsletter. Our Education Trust has now been running for 11 years and is going from strength to strength with new faces leading local education events. To reflect the increasing diversity in Primary Care we have established educational groups for Paramedics and Nurse Practitioners and are successfully running training events tailored to their learning needs as well as Nurse, HCA, First Five and GP education events continuing. SGPET is working with the Somerset Training Hub to build upon what we already have achieved by providing support for network based learning and more multidisciplinary events.

Recently there was a mental health study day for paramedic practitioners that had excellent feedback but unfortunately wasn't that well attended. Some potential attendees reported that they were not allowed to attend by their practice (weren't allowed to go) as it wasn't felt relevant to their learning needs. We are aware of the pressures on work force in primary care, but please be open minded when study leave is requested. Our courses are designed to improve quality of care by building on the skills sets of our multi-professional workforce. We all encounter patients with mental health concerns on a daily basis and as we are all aware can often be the underlying cause for a consultation.

There has been some confusion about who can attend educational events. We aim to make to content of them more clear, but if you see a course that sounds interesting or a group that you would like to attend, don't be afraid to sign up or email to ask the SGPET team.

SGPET would not be possible without the support of pharmaceutical representatives, so if you attend events please take five minutes to chat with them.

Finally a big thank you to the SGPET team who work endlessly on the logistics in the background and with some new faces continue to ensure the training events are a success.

**Bookings:** The majority of [SGPET sessions](#) can now be booked online. SGPET would like to encourage multiprofessional learning and invites Somerset GP clinicians, Nurse Practitioners, Practice Nurses, Health Coaches, HCAs, Primary Care Practitioners and Pharmacists to attend any relevant sessions, if unsure please contact SGPET.

## Monthly Discussion Groups

- **Bridgwater Education Evening** - The Walnut Tree, North Petherton held on alternative months - Wednesday/Thursday at 19.30  
*Dr Tony Wright, Polden Medical Centre and Dr Tim Horlock, East Quay Medical Centre*
- **Lord Poulett GP Discussion Group**, Lord Poulett Arms, Hinton-St-George at 19.00 held on the 1st Tuesday  
*Dr Christoph Kollmeier, Langport Surgery*
- **Mendip "First 5" New GP Discussion Group** - The White Hard Hotel, Wells at 19.30 held on 2nd Thursday  
*Dr Sam Rainsbury, Glastonbury Surgery.*
- **Primary Care Practitioners (PCPs)** - Taunton Vale Healthcare at 19.00 held on the 3rd Thursday  
*Dr Bridget Carne, Irnham Lodge Surgery*
- **Sessional/Locum GP Discussion Group**, The Hankridge Arms, Taunton at 19.00 held on last Thursday  
*Dr Hannah Gales, Sessional/Locum GP*
- **South Somerset GP Education Group and Yeovil "First 5"** - Lanes Hotel, West Coker at 19.30 held on the 1st Wednesday.  
*Dr Lucy Edwards, Preston Grove Medical Centre and Dr Ian Boyland, Preston Grove Medical Centre*
- **Taunton Education Evening and Taunton "First 5" GP Discussion Group** - The Hankridge Arms, Taunton at 19.00 held on alternative months - Wednesday.  
*Dr Tim Horlock, East Quay Medical Centre and Dr Rachel Winter, North Curry Health Centre*
- **Wells Medical Club** -The Fountain Inn, Wells at 19.30 held on the 3rd Thursday  
*Dr Tony Wright, Polden Medical Centre*