



Feedback from Carers' Voice Somerset in relation to the Carers Champion Role in General Practice

Carers Champion primary role and function

First point of contact in a GP Practice/Health Centre.
Helps to identify carers
Helps carers to recognise that they are a carer
Provides information and signposts to services
Manages the carers information board at their practice

The Carers Champion should have access to the following:

The Carers' Agent contact detail for their locality
Knowledge of the number of carers on the register at their practice
Information about support services for carers
Their PPG representative
Care Quality Commission Standards for GP Practices

Additional considerations that could be built into the role:

- a. Ways to identify Young Carers.
- b. Regular Carers' Champion Training to support with role. Carers Service and their partners. Time allocation for role recommendations to be agreed.
- c. How Carers' Champions might cascade their learning outcomes i.e. info at team meetings/lunchtime learning.
- d. Carers' Champions link to carers support groups, promotes the group and might facilitate some carers meetings - (optional).
- e. Ensure that all are aware of who the Carers champion is in the surgery, their role and function.
- f. Carers Champion information board - badge (optional).
- g. Maintain the carer register in their practice.

Recommendations:

Funding to support Carers Champions Network Meetings bi monthly/ quarterly.