*Dear Colleagues*

*In response to pressures within the Tier 3 Weight Management Services within the Somerset System, the ICB have commissioned some additional Tier 2 support from Slimming World. The long term provision of Tier 2 services remains under review, but this will provide a generalist offer for patients looking to make positive lifestyle changes while this is ongoing.*

*The offer is a fully funded 12 week introduction. Full criteria are below, and available on TeamNet/EMIS alongside the referral form, but this will be available to all adult patients within Somerset who have not recently been a member of Slimming World or similar organisation.*

**Slimming World General Tier 2 provision – 12 week programme**

* 12 week programme free of charge for patients who are prepared to engage with losing weight.

**Criteria:**

* Age 18+ (no upper age limit)
* BMI 30+ (27.5+ for people of Black African, African-Caribbean, and Asian origin)
* Registered with a GP Surgery within the Somerset County

**Exclusion criteria:**

* Been a paying member within the last **3 months** or a member of any weight loss organisation.