

Positive Test?

Book Before **10** Weeks!

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Trust Maternity' to **Self Refer**
or **SCAN HERE**



Your first midwife appointment (also called the booking appointment) should happen before you're 10 weeks pregnant.

This is because you'll be offered some tests that can only be done in early pregnancy.

However, you will be well cared for whenever you tell us you are pregnant, it's never too late!

