

COMING SOON

Somerset Lipid Service

– Working together to prevent CVD AND Pancreatitis

- ☐ New roles (see p2 for more detail)
- ☐ More support for you
- ☐ More support for your patients

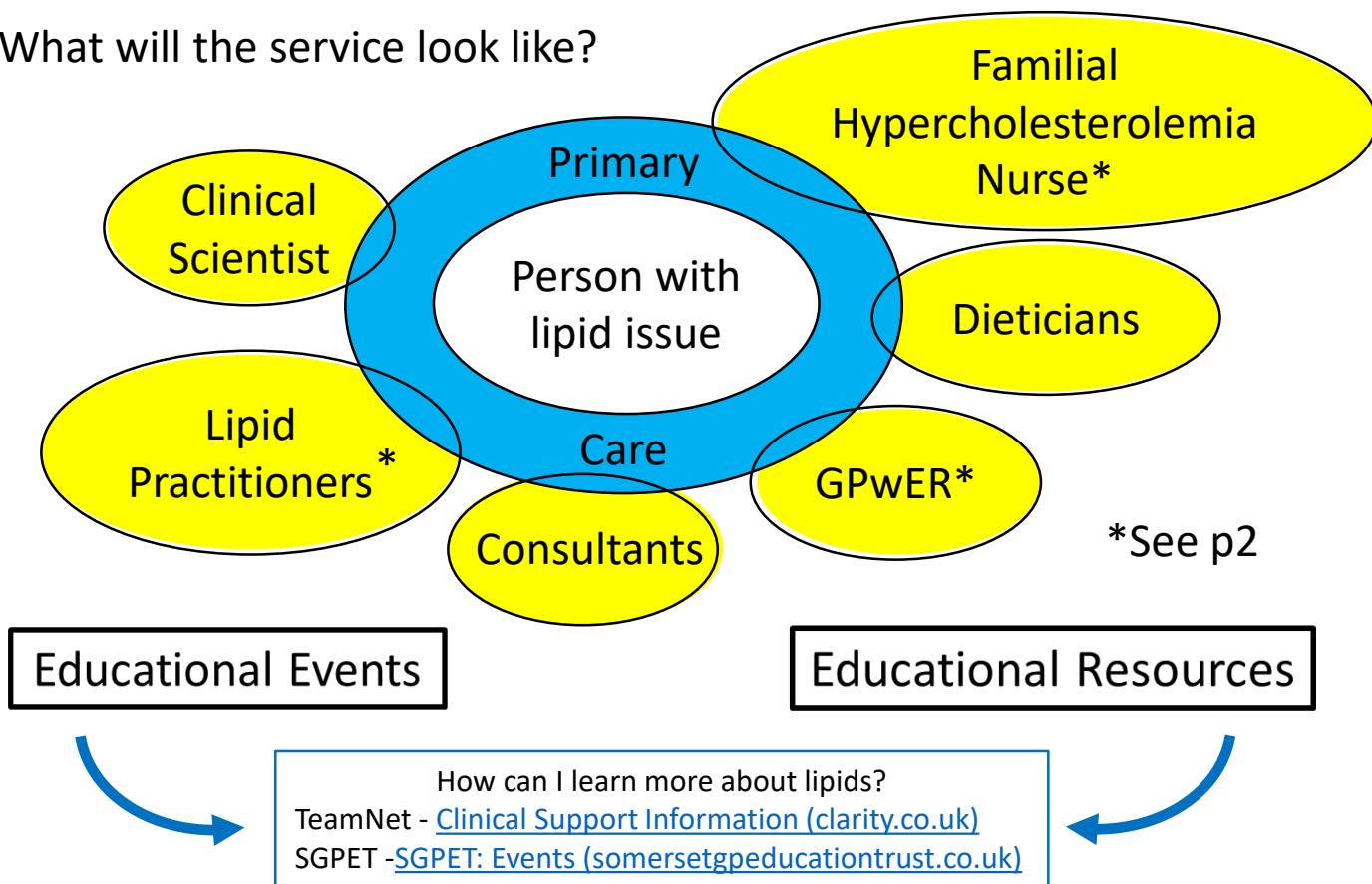
The Principles

- Primary care and specialist teams working together
- Population health management approach
- Equitable provision

What will the service do?

- Reduce CVD
- Reduce pancreatitis due to high triglycerides
- Diagnose and manage rare lipid disorders

What will the service look like?



Where can I get clinical advice?

- TeamNet - <https://teamnet.clarity.co.uk/qsl-stp-csi/CSI>
- NHSE Lipid pathway : [NHS Accelerated Access Collaborative » Summary of national guidance for lipid management \(england.nhs.uk\)](#)
- Advice and Guidance – from 4th Sept 2023
- Hypertriglyceridaemia pathway - [PowerPoint Presentation \(clarity.co.uk\)](#)

Who should I refer?

- Familial Hypercholesterolemia – suspected or diagnosed
- Hypertriglyceridaemia
- Failure to reach targets despite following NHSE guideline
- (including consideration of new agents)
- Statin/Ezetimibe/Bempedoic acid intolerance

New Roles

Lipid Practitioners

- Who? X4 Specialist pharmacist / nurse (=1 WTE)
- Where? Working within all PCNs across Somerset
- What do they do?
 - CVD prevention
 - Management of hypertriglyceridemia
- How?
 - EMIS searches – 1⁰ / 2⁰ prevention of CVD and FH
 - Optimise treatment
 - Refer as appropriate to FH nurse / Specialist service

Familial Hypercholesterolemia (FH) Nurse

- Who? Specialist nurse (= 0.5 WTE)
- Where? Working across the county
- What do they do? Diagnosis and management of FH
- How?
 - Assessing patients
 - Counselling and support
 - Arranging genetic tests and discussion of results
 - Treatment of cholesterol

GP with Extended Role (GPwER)

- Who? GP 0.2 WTE
- Where? Working across the county
- What do they do?
 - Support primary care
 - Education primary care
 - Specialist management
- How?
 - Lipid Clinic in GP surgeries
 - Educational meetings and Educational resources

If you are interested in the Lipid Practitioner or FH Nurse positions please contact Alex Bickerton, Consultant in Diabetes and Endocrinology, alex.bickerton@somersetft.nhs.uk