

## Nurse Careers Plus Programme - 2023/2024

The Nurse Careers Plus Programme is a programme designed to facilitate the development of new skills and work-life balance. It gives Nurses the opportunity to network with colleagues in a supportive, coaching environment. The programme is run by two coaches who have vast amounts of experience in Primary Care, we are confident that this will be a hugely beneficial and supportive course for any nurses working within the environment.

The course will consist of 10 group sessions on a Wednesday morning and will include a sandwich lunch and time to chat with the other participants on an informal level. Each cohort will have a maximum of 10 attendees. There will also be an additional follow up session held 3 months after completion to check back in with everyone.

We request that you plan to attend all the sessions where possible, but we understand that there may be annual leave commitments during the programme. We do, however, ask that you keep absences to a minimum and agree to attend at least 80% of the course. To ensure that there is no difficulty in your attending, the programme will be fully funded so that your practices will receive £200 per session of backfill costs.

## Dates of the sessions: 9am - 1pm

15<sup>th</sup> November 2023 6<sup>th</sup> December 2023 10<sup>th</sup> January 2024 24<sup>th</sup> January 2024 7<sup>th</sup> February 2024 21<sup>st</sup> February 2024 6<sup>th</sup> March 2024 27<sup>th</sup> March 2024 17<sup>th</sup> April 2024 1<sup>st</sup> May 2024

## **Location:**

Monk's Yard Horton Cross Farm Horton TA19 9PY

If you have any questions or queries, please do not hesitate to get in touch.

Kind Regards

Millie Day

Career Plus Course Co-Ordinator

Somerset Primary Healthcare

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