

# Surrey and Sussex LMCs, Gloucestershire LMC and Somerset LMC

are delighted to offer this series of FREE virtual workshops to support your successful transition from Maternity and Parental leave to the workplace over an 18-24-month period

**CLICK TO REGISTER**

You are invited to a series of **FREE** virtual workshops

## Maternity & Parental Leave Virtual Workshops for GPs

**You will need to register for Virtual Workshop 1, 2 or 3**, you can do this by clicking the registration link above and complete the simple registration form. You are also welcomed to join the Webinar which is due to be held on Wednesday 8th November as this will be held during your lunchtime period; the webinar will be separately promoted to all practice management colleagues across the LMC areas, and the joining link is provided below.

**WORKSHOP 1 (FULL DAY) Wednesday 8<sup>th</sup> November 2023**  
for clinicians who are preparing to go on parental leave with a particular focus on those going on Maternity leave

**Morning Presentations (09:00 – 12:00)**

- Maternity leave and pay information
- Financial advice
- Wellbeing and perinatal mental health
- Appraisal and revalidation
- Maternity leave checklist
- Case discussions

**Lunchtime Session (12:15 – 13:30):** come and join our joint webinar with Practice Managers

**Afternoon Session (13:45– 16:45) - Group coaching session**  
for clinicians preparing to go on Parental Leave with a particular focus on those going on Maternity leave with Angela Qureshi who is an organisational psychologist, coach, and leadership trainer, Solstice People Development Limited.  
If you are attending Workshop 1 this year, then the opportunity to register for 2024 (Workshop 2 and 3) will be released for your cohort in due course.

**WORKSHOP 2 Wednesday 18th October 2023**  
for Clinicians on parental leave or have recently returned to work

**Morning Session (09:00 – 12:00) Group Coaching session**  
for clinicians currently on Parental leave and preparing their return to work or have recently returned to work with Angela Qureshi who is an organisational psychologist, coach, and leadership trainer, Solstice People Development Limited

**Afternoon session (12:45 – 15:00)**

- Job planning
- Regaining confidence
- Support return to work
- Managing workload balance and self-care
- Appraisal and revalidation
- Return to work checklist

If you are attending Virtual Workshop 2 this year, then the opportunity to register for 2024 (Workshop 3) will be released for your cohort in due course; if you have recently returned to work after Maternity or Parental leave please register for Workshop 2.

**WEBINAR – UPDATE FOR PRACTICE MANAGERS & CLINICIANS**

Providing an update for Practice Managers and attending clinicians from Workshop 1,2 & 3 with an overview of :

- Employment and Contractual advice and guidance
- Flexible working advice and guidance

You are freely able to join this MS Teams webinar by clicking the link below.

**Wednesday 8<sup>th</sup> November (12:15 – 13:30)**

[Click here to join the MS Teams webinar](#)

**WORKSHOP 3 Wednesday 15<sup>th</sup> November 2023**

For clinicians who have returned to work either recently or up to an 18-month period after being off work from Parental leave or long-term sickness.

**Morning session (09:00 – 12:00)**

This session will be aimed at discussing the challenges on returning to work and juggling work and family life. Discussing tips and tools to support your transition and retention in your roles. This will be a chance to reconnect with colleagues from previous workshops.