

Friday 27th January 2023

Dear Colleagues

Here I go again!

I am writing to let you know I am stepping down from my role in the LMC at the end January. As you know my tenureship has been a little challenging (worst on record for challenging I am told!) but the past few months have particularly so, hence this very difficult decision.

I have been very fortunate to have been part of a wonderful and dynamic LMC executive team and would like to thank Tim, Catherine, Jill, Mandy, Justin, Claire and of course Harry for their support. The office team: Sarah, Claire, Jo, Angela and James have made going into the office on a Thursday a joy with them all being accessories in fuelling my coffee habit!

I also wanted to thank my SGPET and Training Hub colleagues in particular Ian, Jon and Carol for their ongoing efforts to continue to raise the standards of General Practice in Somerset.

We are lucky to have an amazing LMC committee and for those of you who would like to understand what the LMC does, please get in touch and join us at one of our county meetings. Thanks to Rob Weaver for stepping into my role as Mendip Representative.

I know how difficult our roles are as part of your Primary Healthcare Teams especially with current stresses throughout all of the NHS and Social Care. Our jobs have never been harder. We are truly holding our system together and at times this can feel overwhelming. Know that you are not alone. Know that the LMC is here to support you.

I have taken some words from David Coverdale: here I go again down the only road I've ever known (and still love!) and will be continuing in my role as a GP partner at Glastonbury Surgery. No doubt our paths will cross again.

Dr Tim Horlock who has always been by my side as vice-chairman of the LMC will be stepping into my post as chairman. I do hope you make him welcome.

I wish you all the best for the future.

Warmest regards



Dr Karen Sylvester
Chairman
Somerset LMC

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