**Referral criteria for the SCPMS/SDAS MDT**

The referral criteria for this service are:

1. Taking methadone 40mls od or less and are stable on this dose
2. Taking buprenorphine 8mg od or less and are stable on this dose
3. Taking [Oral Morphine Equivalent (OME)](https://www.mdcalc.com/calc/10170/morphine-milligram-equivalents-mme-calculator) of 100mg od or less and are stable on this dose
4. Are self-motivated to come off or reduce their opiate and learn pain management strategies to help with this. This is probably the most important referral criterion, as the best outcomes are when patients seek help, rather than being told that they have to do this.
5. Patient is not actively taking illicit drugs
6. Patient gives consent to working with SDAS and SCPMS
7. Any psychiatric or psychological diagnoses are under control and unlikely to interfere or impact on commitment or therapy