

Surrey and Sussex LMCs, Gloucestershire LMC and Somerset LMC

are delighted to offer this series of FREE workshops to support your successful transition from Maternity and Parental leave to the workplace over an 18-24-month period

You are invited to a series of **FREE** workshops

Maternity and Parental Leave Workshop for GPs

You will need to register for Workshop 1 and/or Workshop 2, you can do this by clicking the orange button and completing the registration form. You are also welcomed to join the Webinar which is due to be held on Thursday 06th October as this will be held during your lunchtime period; the webinar will be separately promoted to all practice management colleagues across the LMC areas.

WORKSHOP 1 (FULL DAY) Thursday 6th October 2022
for clinicians who are preparing to go on parental leave with a particular focus on those going on Maternity leave

Morning Presentations (09:00 – 11:45)

- Maternity leave and pay information
- Financial advice
- Wellbeing and perinatal mental health
- Appraisal and revalidation
- Maternity leave checklist
- Case discussions

Lunchtime Session (11:45 – 13:00): come and join our joint webinar with Practice Managers

Afternoon Session (13:00 – 17:00) - Group coaching session for clinicians preparing to go on Parental Leave with a particular focus on those going on Maternity leave with Angela Qureshi who is an organisational psychologist, coach, and leadership trainer, Solstice People Development Limited.

If you are attending Workshop 1 this year, then the opportunity to register for 2023 (Workshop 2 and 3) will be released for your cohort in due course.

WORKSHOP 1 - REGISTER YOUR PLACE HERE

WEBINAR - Thursday 6th October 2022 (12:15 – 13.00)

Providing an update for Practice Managers and attending clinicians from Workshop 1 & 2 with an overview of :

- Employment and Contractual advice and guidance
- Flexible working advice and guidance

You are freely able to join this webinar by clicking the link below.

[Click here to join the webinar](#)

WORKSHOP 2 Thursday 13th October 2022 (12:15 – 17:00)
for Clinicians on parental leave or have recently returned to work

Group Coaching session with Angela Qureshi who is an organisational psychologist, coach, and leadership trainer, Solstice People Development Limited

- Job planning
- Regaining confidence
- Support return to work
- Managing workload balance and self-care
- Appraisal and revalidation
- Return to work checklist

If you are attending Workshop 2 this year, then the opportunity to register for 2023 (Workshop 3) will be released for your cohort in due course; if you have recently returned to work after Maternity or Parental leave please register for Workshop 2.

WORKSHOP 2 - REGISTER YOUR PLACE HERE

WORKSHOP 3 – (TBC) There will be a further workshop aimed at clinicians going back to work for 6-18 months after parental leave.