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| **Surrey and Sussex LMC, Gloucestershire LMC and Somerset LMC**  **are delighted to offer this series of FREE workshops to support your successful transition from Maternity and Parental leave to the workplace over an 18-24 month period.** | |
| **WORKSHOP 1**  *Thursday 6th October 2022*  09:00 - 17:00 | **For Clinicians preparing to go on Parental Leave with a particular focus on those going on Maternity leave**   * **Group coaching session (13:00 – 17:00)** * Maternity leave and pay information * Financial advice * Wellbeing and perinatal mental health * Appraisal and revalidation * Maternity leave checklist * Case discussions |
| **WORKSHOP 2**  **Part 1 - Webinars**  *Thursday 6th October 2022*  *09:00 – 11:45* | **For Clinicians on parental leave or have recently returned to work**   * Maternity leave and pay information * Financial advice * Wellbeing and perinatal mental health * Appraisal and revalidation * Return to Work checklist * Case discussions |
| **WORKSHOP 2** :  **Part 2 – Group Coaching**  *Thursday 13th October 2022*  *12:15 – 17:00* | **For Clinicians on parental leave or have recently returned to work**   * Group Coaching session Job planning * Regaining confidence * Support return to work * Managing workload balance and self-care. |
| **Joint webinar**  *Thursday 6th October 2022*  12:15 – 13.00 | **For Practice Mangers and Workshop 1 & 2 Clinicians**   * Employment and Contractual advice and guidance * Flexible working advice and guidance |
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| **WORKSHOP 3**  *2022 – TBC* | **For Clinicians going back to work for 6-18 months after parental leave.** |