**Template for 60 Second Briefing items**

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| **Title of article:** | Somerset Emotional Wellbeing Podcast – Ep. 75 – **The Divided Brain** |
| **Text:** | **Episode 75** of thefree **Somerset Emotional Wellbeing** podcast*,* **The Divided Brain**,is **out now!**  In this episode, [The Divided Brain](https://somersetemotionalwellbeing.castos.com/podcasts/28330/episodes/the-divided-brain), our hosts **Dr. Peter Bagshaw** and **Dr. Andrew Tresidder** discuss how **Iain McGilchrist’s book “*The Master and His Emissary”*** raises **interesting points** about the **physiology of the brain**, why understanding **how the brain works** is important in understanding **our view of the world** and how it can affect how we **make decisions** and **live our lives**.  Listen free now on **Spotify**, **Apple Podcasts**, **Google Podcasts, Amazon Podcasts** & more (or through your non-Internet Explorer browser at the link below). Please **like** and **subscribe** for free, new weekly episodes the moment that they’re released!  [**The Somerset Emotional Wellbeing Podcast (castos.com)**](https://somersetemotionalwellbeing.castos.com/)  **We’d like to hear from you!** If you would like to let us know what you think of the show, or to suggest guests and topics for us to cover, please get in touch with us by emailing [**somccg.sewpodcast@nhs.net**](mailto:somccg.sewpodcast@nhs.net) |
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