

SOMERSET PERSONALISED CARE WORKFORCE DEVELOPMENT GROUP

Useful advice and resources to support the training and development of Social Prescribing Link Workers, Health Coaches and Care Coordinators

- 1) **SPLW/HC/CC** - Future Collaborative site <https://future.nhs.uk/> This is the sharing space for Health and Social care and where all the national info on the roles is held. Sign up for your role's workspace. Here you will find forums, webinars, welcome pack and lots of resources. Workspaces: SPLW and Supported Self Management for Health Coaches and Care Coordinators. To get access to HC and CC workspace - email to england.supportedselfmanagement@nhs.net

Regular sessions - On this site you will also find links (in your workspace) to SPLW webinars and joining information for the national, monthly Health Coach and Care Coordinator 'Share and Learn' sessions.

- 2) **SPLW/HC/CC** Personalised Care Institute. <https://www.personalisedcareinstitute.org.uk/>
The above roles have national requirements for training. The PCI is the place that you go to in order to find out about the training. In the SW we have PCI accreditation for the 2 day training for SPLW and 4 day for Health Coaches. Care Coordinators can either do the 2 day training or specific PCI accredited training for Care Coordinators. A number of Somerset health coaches are now on a Train the Trainers course and the PCI accredited courses will then be running in 2022.

As well as the accredited training that will be provided to SPLW and HC in Somerset (more info soon), there is online training for the whole workforce. Please do encourage everyone everywhere to do the 1 hour elearning in Core Skills for Personalised Care.

<https://www.personalisedcareinstitute.org.uk/your-learning-options/> There are also short elearning courses on Personalised Care and Support Planning and a few others.

SPLWs

When you sign up to your workspace you will see the eLearning. This e-learning resource has been developed for SP link workers and includes the core elements and skills required to do the job and deliver social prescribing.

- [Introduction to the social prescribing link worker role](#)
- [Developing personalised care and support plans with people](#)
- [Developing partnerships](#)
- [Introducing people to community groups and VCSE organisations](#)
- [Safeguarding vulnerable people](#)
- [Keeping records and measuring impact](#)
- [Supporting people with their mental health](#)
- [Social welfare, legal support and money guidance](#)

Health Coaches

Informal Somerset Health Coach forum. Details have been sent to Somerset HCs leads. Contact Jenny Hartnoll for joining details j.hartnoll@nhs.net .

Care Coordinators

National mentor - Debbie O'Nyons from Cornwall is the national mentor for care coordinators and happy to come to any meetings if it is helpful and answer any questions. Contact Debbie at Tel: Mobile: 07785 451622 | E-mail: deborah.onyons@nhs.net

There is also a new useful Informal Somerset based Care Coordinator Forum for care coordinators involved in the Enhanced Health in Care Homes DES. Email for further details to: alexis.cuzzocrea@nhs.net

Leaders, Managers and Commissioners of SPLWs, HC and CC.

South-West Integrated Personalised Care, SWIPC Community of Practice - for Leaders, Managers and Commissioners of SPLWs/H&WB Coaches and Care Coordinators.

It is a space for sharing and learning from across the SW region on issues that relevant to you, sharing practices and tools.

Details from SWIPC Manager: Rhian.Loughlin@nhs.net

Circulated by Somerset Training Hub December 2021. If there is something missing that would be a useful addition to a future version then please contact the Training Hub admin: Claire.winchester1@nhs.net