



# Don't feel down in the dumps because it's winter!

The clocks may have changed but  
**Somerset Big Tent** is still here  
bigger and better.

The Somerset Big Tent is continuing to work hard to empower Young People, Parents, Carers and Professionals to find the right mental health support for Young People. All in the knowledge that the organisations listed on the Somerset Big Tent website: [www.somersetbigtent.org.uk](http://www.somersetbigtent.org.uk) are quality assured providers.

We have been busy distributing Somerset Big Tent merchandise to all GP Surgeries, Hospitals and SBT Organisations within Somerset. If you would like to receive any more merchandise, mugs, posters, pens or wristbands please contact the Somerset Big Tent inbox: [hello@somersetbigtent.org.uk](mailto:hello@somersetbigtent.org.uk) and we will arrange delivery.

We are happy to come and talk to you and your staff (virtually or face-to-face) about the Somerset Big Tent. Please contact us to arrange a date.

Thank you for your continued support.

[WWW.SOMERSETBIGTENT.ORG.UK](http://WWW.SOMERSETBIGTENT.ORG.UK)