

Emotional support for you when you need it

Do you work or volunteer in health and care in Somerset?

Whatever you are going through, we are here for you if you need to talk. Call our dedicated confidential Colleague Telephone Line for help with a trained professional.

Call or visit our website

0300 124 5595

9:00 AM to 5:00 PM,
seven days a week

www.somersetemotionalwellbeing.org



Somerset Emotional Wellbeing

