Dear

Thank you for informing me that [patient] has seen you with regards to their transgender care.

In order for me to consider your prescribing and monitoring recommendations appropriately, I must satisfy myself that the NHS England, GMC, and BMA recommendations with regards to transgender prescribing have all been met. I understand that some of this information may already be provided in the letter you have sent me, but I would be grateful if you could reply confirming all of the following points so that I can give your request the consideration it deserves. Once I have that information, I will confirm in writing if I am happy to undertake shared prescribing and monitoring of [patient].

Please confirm that within your service:

1. Assessment, diagnosis and confirmation of gender dysphoria is made by a health professional who specialises in gender dysphoria and has general clinical competence in diagnosis and treatment of mental or emotional disorders. The names and registration details of this gender specialist would be essential.
2. The decision to recommend endocrine therapy has the documented support of two gender specialists who are directly involved in the patient's care; at least one of whom must be medically qualified and who must make the prescribing recommendation.
3. There is an effective multi-disciplinary team of gender specialists that meets regularly, either in person or through electronic communication.
4. The impact on the individual’s fertility has been discussed with them; and informed consent has been given about this issue.
5. The gender specialist has taken responsibility to assess the capacity of the patient to give meaningful informed consent to use such treatment, to explain its potential risks, benefits and limitations, to explain that the treatment is not approved for this indication and the implications thereof, and to obtain and document consent before making a recommendation to me, as the patient’s General Practitioner, to prescribe treatment for their patient.
6. The gender specialist has taken responsibility for overseeing the patient’s care in collaboration with me, and for their recommendation that I prescribe and monitor treatment.
7. The gender specialist will provide me with clear written guidance on prescribing and monitoring, be available to provide additional information on request, answer questions regarding treatment and monitoring at reasonable notice and will review the patient if I find that this is necessary or is needed.

Please also confirm the contact details I should use should I need additional information or to communicate issues relating to treatment and monitoring.

Thank you for supporting us in making an informed decision about ongoing shared care. It is also worth noting, that if [patient] registers with a different GP practice while still under your care, their new GP may ask you to reaffirm this information.

Yours sincerely,