

## **Guidance to GPs in respect of Medical Assessments for prospective foster carers and adoptive parents**

- A face to face medical assessment is always the preferred option, ideally provided by a GP who has had prior contact with the adult
- A non face to face assessment facilitated by videoconference is acceptable where Covid restrictions rule out face to face assessment. Review of the health history is important and the assessment form should include the words “not known” or “not examined” where information cannot be obtained without a face to face consultation
- Historic examination and test results can be added to the assessment form if face to face contact is not possible but the form should state clearly when this is the case and exactly when these results were obtained
- An assessment facilitated by teleconference should only be considered when face to face and videoconference assessment would cause an undue delay in the fostering or adoption process