

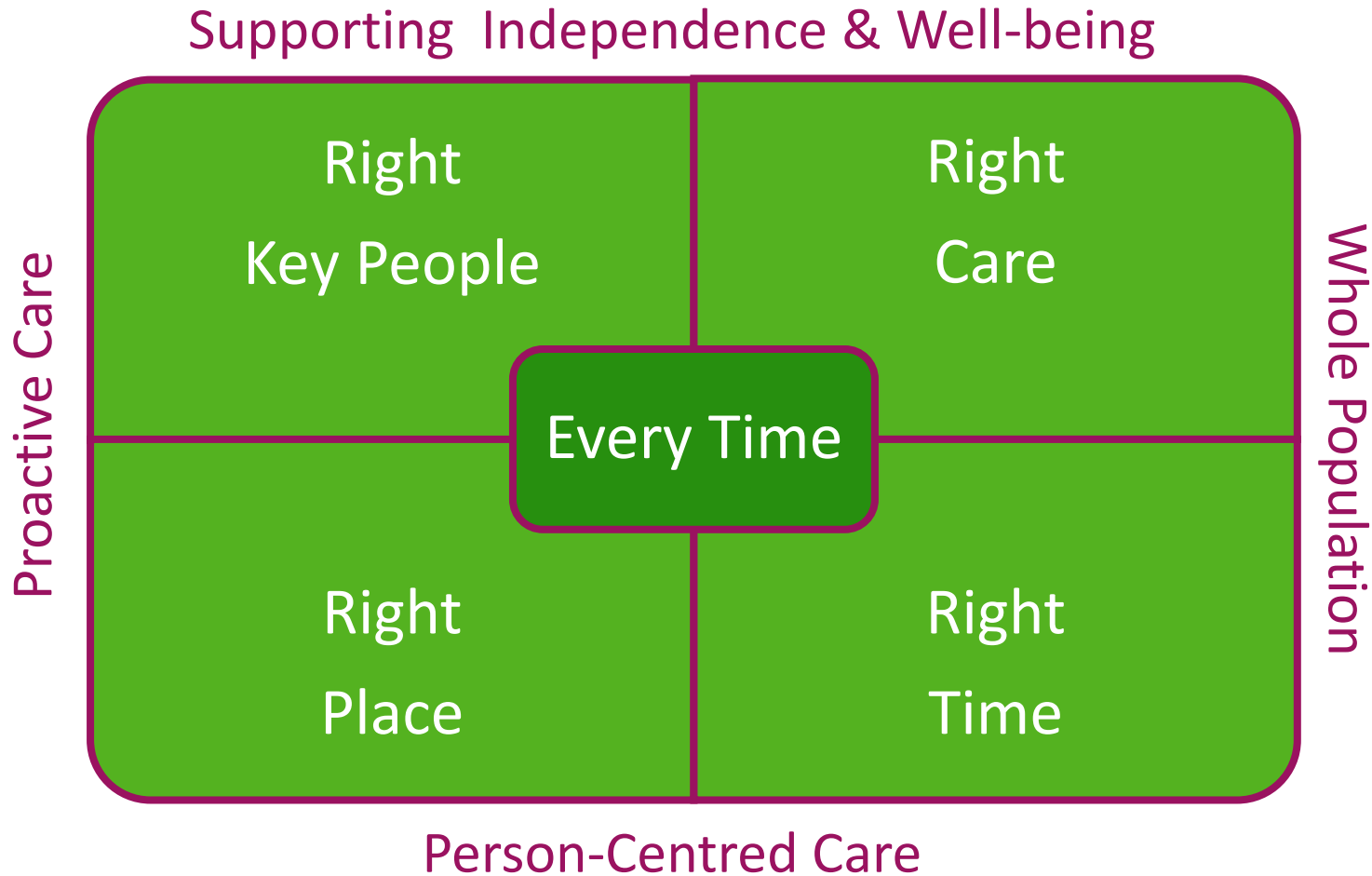
# ***WORKSHOP:***

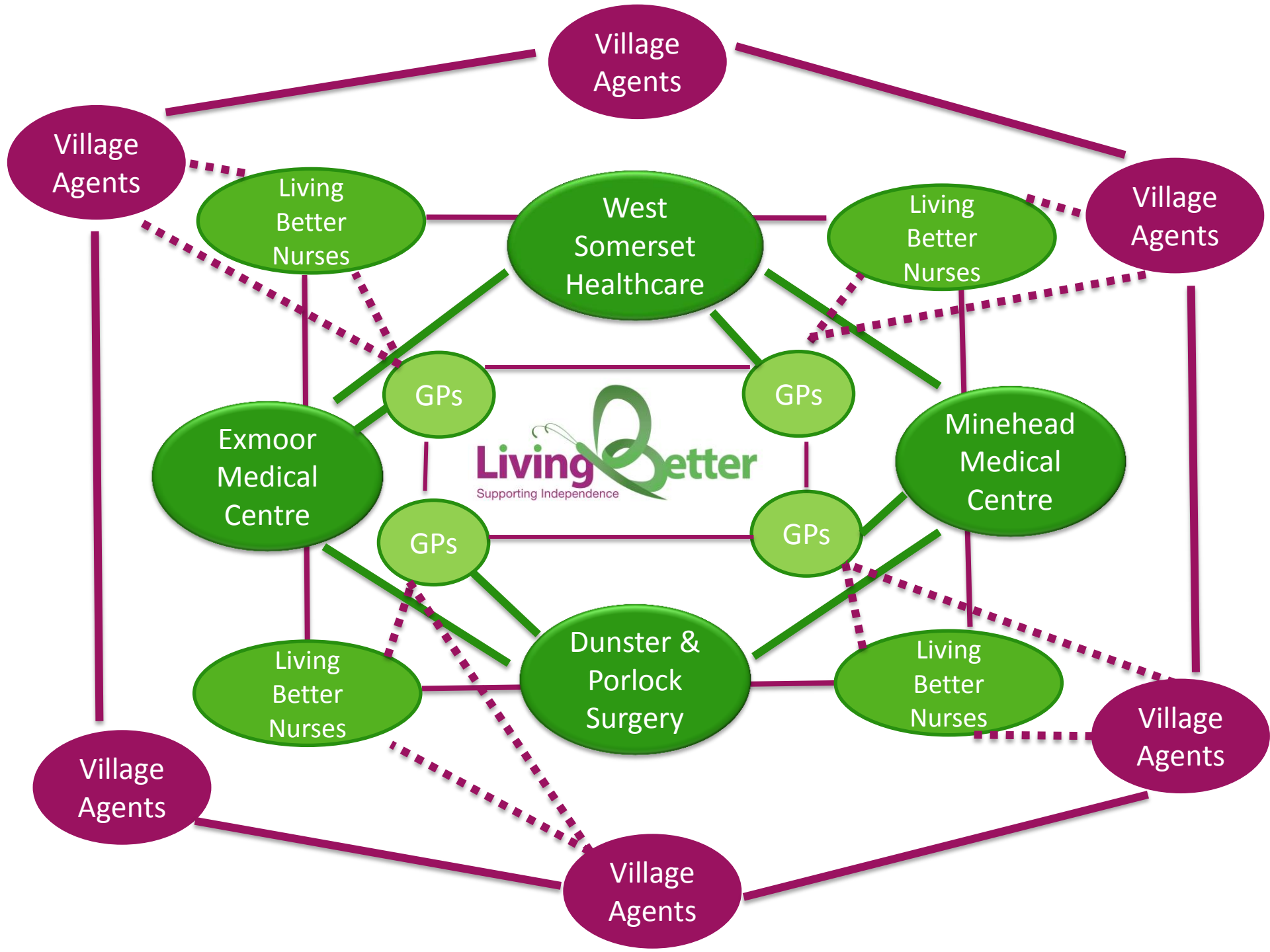
***What can we learn from localities who have already made a success of working together?***



***Dr Kelsey Boddington  
Exmoor Medical Centre  
GP Clinical Lead of the West Somerset Living Better Project***

# Our Aims..









***Visionary Workshops***

# ***Visionary Workshops***

- **Foundations of trust and understanding**
- **Power of relationships**
- **Ownership of the project**
- **Development**
- **Recruitment**
- **Working collaboratively**

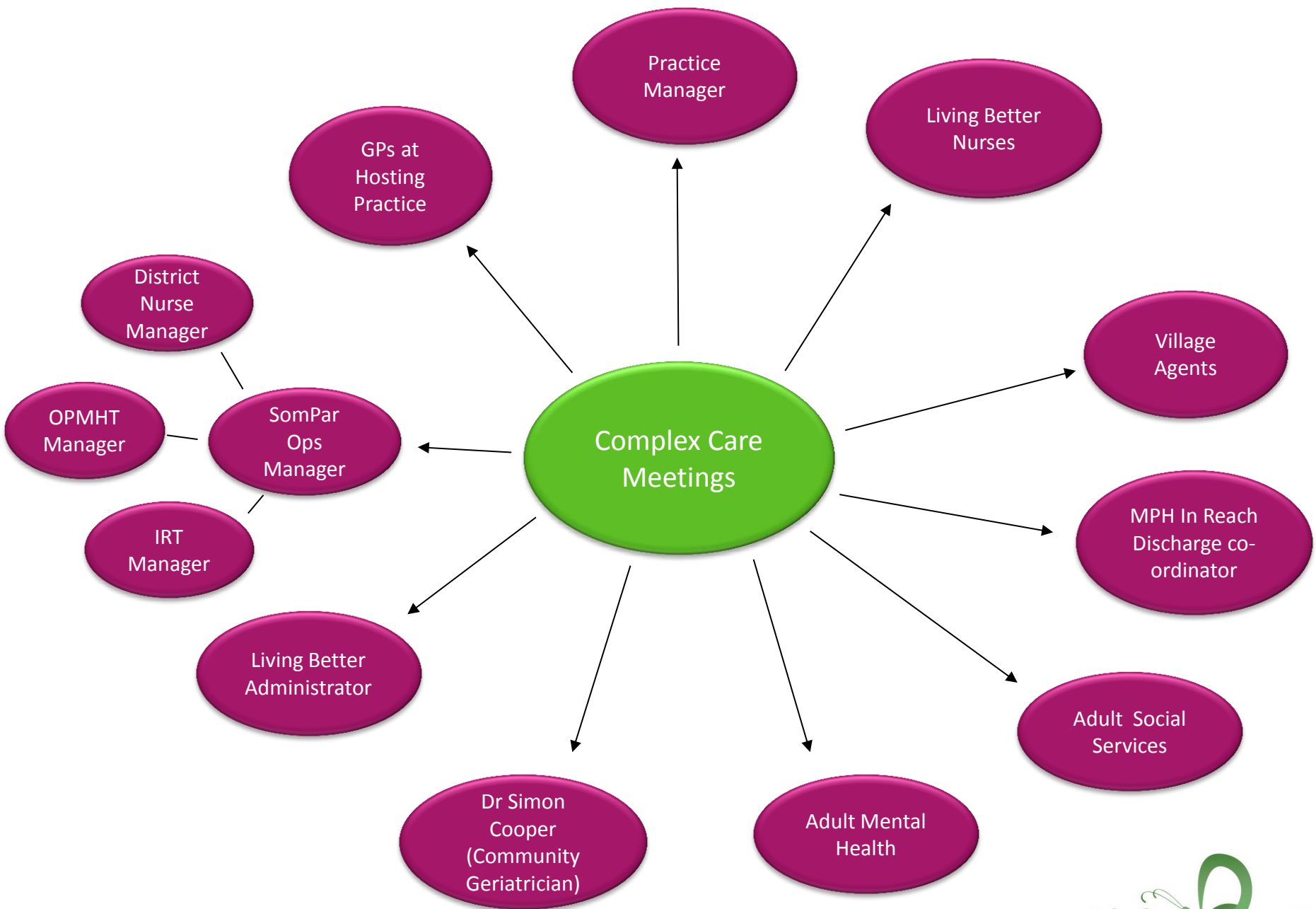
# ***Visionary Workshops***

- **Living Better GP Visionary Workshop**
  - 7<sup>th</sup> March 2019
  - GPs and Practice Managers
  - Facilitated by the National Association of Primary Care
- **Living Better Partners Visionary Workshop**
  - June 2019 (TBC)
  - GPs and Living Better Partners
  - Networking, Understanding and Project Development



*Complex Care*





# *Complex Care*

- **Satellite Clinics**
  - Dr Simon Cooper (CoE Consultant, MPH)
  - One day per month
  - Attends Complex Care Meeting
  - Education for GPs
  - Domiciliary Visits
  - Advice & Guidance email



***Women, Children & Younger People***



# *Women, Children & Younger People*

- Early stages
- Initial meeting to agree that we would like to work together
- Meeting with Community Maternity Matron
  - Implementation of “Better Births”
- Plan for a further meeting to include more interested parties
- GP Visionary Workshop in October 2019



***Mental Health***

# ***Mental Health***

- **Watch this space**
- **Possibility of investment for link workers and other mental health services**
- **Significant gaps in services impacting on Primary Care**



*Pharmacy*



# *Pharmacy*

- **Community Pharmacy**
  - Initial discussions with community pharmacy
  - Health promotion
  - Other roles they can play
- **Clinical Pharmacist**
  - DES Network requirement 2019/2020



***Social Prescribing***

# ***Village Agents***

- **Employed member of the community**
- **Helping people link in with non-clinical support:**
  - **Finances**
  - **Housing**
  - **Engagement and linking within the local community**
  - **Share resources**
- **Plan to train Village Agents in Health Coaching**
- **Carer's Agents, Community Agents**

# *Talking Cafés*

- Regular weekly/monthly community meeting points
- Agencies attending:
  - Living Better Nurses
  - Village Agents
  - West Somerset Advisory Bureau
  - Magna Housing Support
  - Somerset West & Taunton Homeless Advisors
  - YMCA Room Share Project
  - Contact the Elderly Tea Part
  - Bereavement Support
  - Positive People
  - Minehead and District Microproviders
  - Millbrook Healthcare
  - Somerset Sight
  - Deaf Plus
  - .....

# ***“Good Neighbour” Pilot***

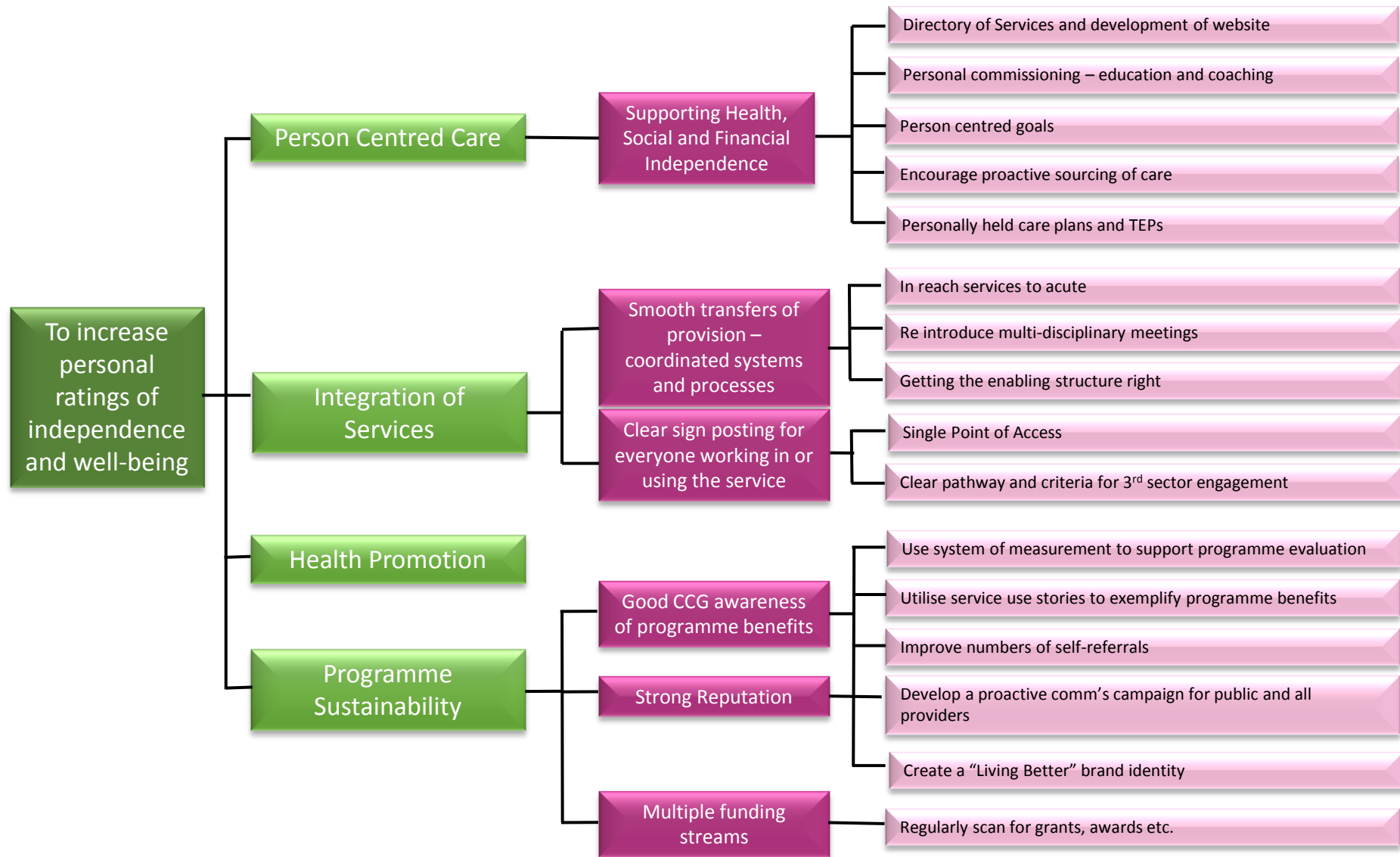
- Engaging the community at Parish Level
- Members of a community sign up
- Funding for DBS checks
- Co-ordinated by Village agents
- Village Agents link up with local Organisations
- Village Agent calls a meeting for a specific need – community volunteer to help



***Directory of Services***



***Quality Improvement***





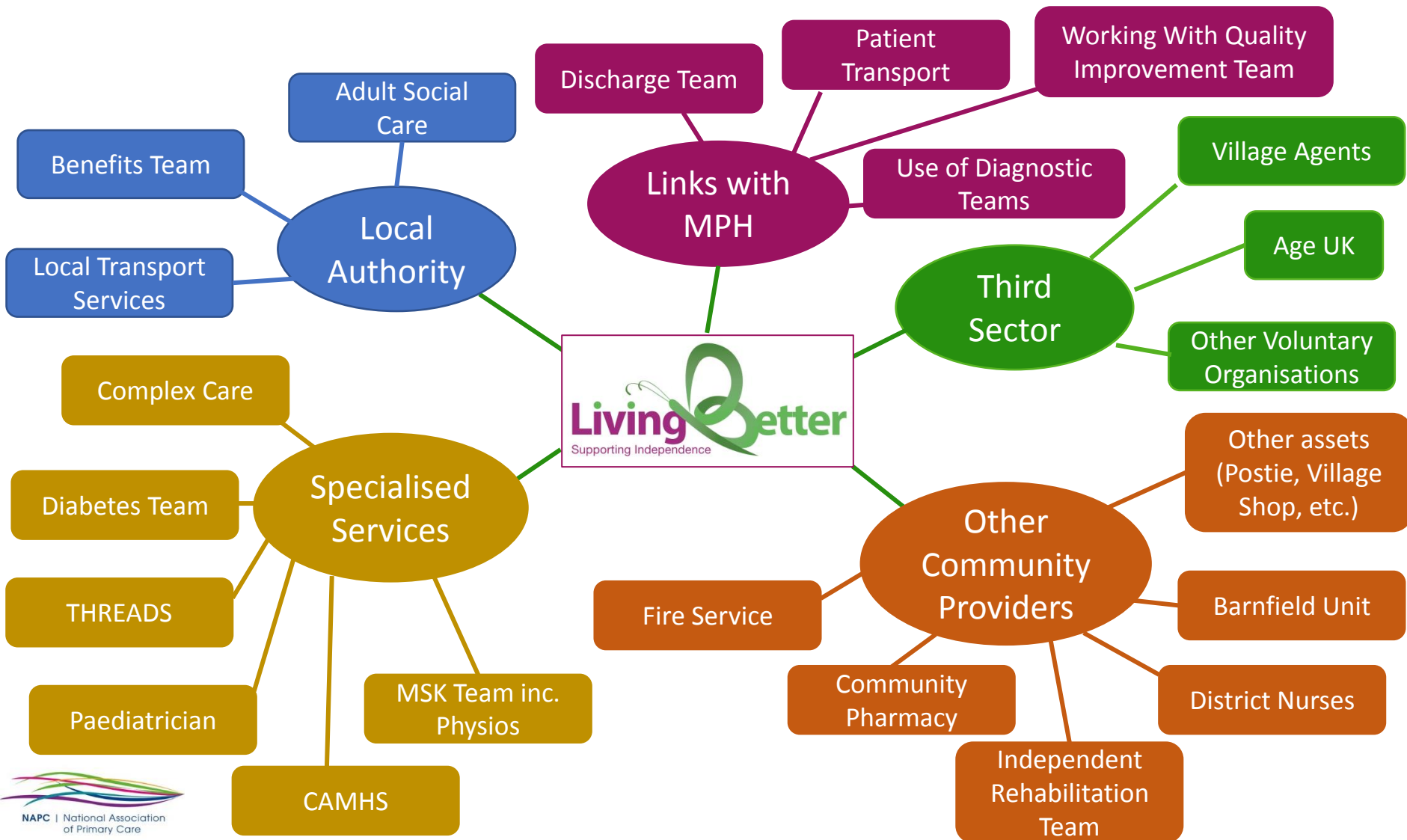


*As a Primary Care Network*

# Canterbury (NZ) Model



# Who Do We Have/Want Working As A Part Of Living Better?





***Thank You For Listening....***

***Dr Kelsey Boddington  
Exmoor Medical Centre  
GP Clinical Lead of the West Somerset Living Better Project  
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