

A large, stylized graphic of many blue birds in flight, arranged in a curved, sweeping path that starts from the top left and curves down towards the bottom right, framing the central text.

MSK First Contact Physiotherapy (FCP) in Primary Care

outstanding care
listening and leading
working together

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SW HEE Supervision + Assessment Lead for AP in PC



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What **First Contact** Physiotherapists offer you

1 Diagnosis, advice and expert management of MSK conditions

2 Increased capacity – seeing patients who would have seen the GP

3 Referrals into 2^o care – track record of fewer referrals

4 Request investigations and interpret results – track record of fewer requests

5 Prescribing medicines and injecting – track record in de-prescribing

6 Autonomous practitioners, trained to identify red flags – strong safety records

7 High satisfaction rates among patients and GPs where FCPs are in post

8 Talk to patients about work and issue AHP Fit Notes



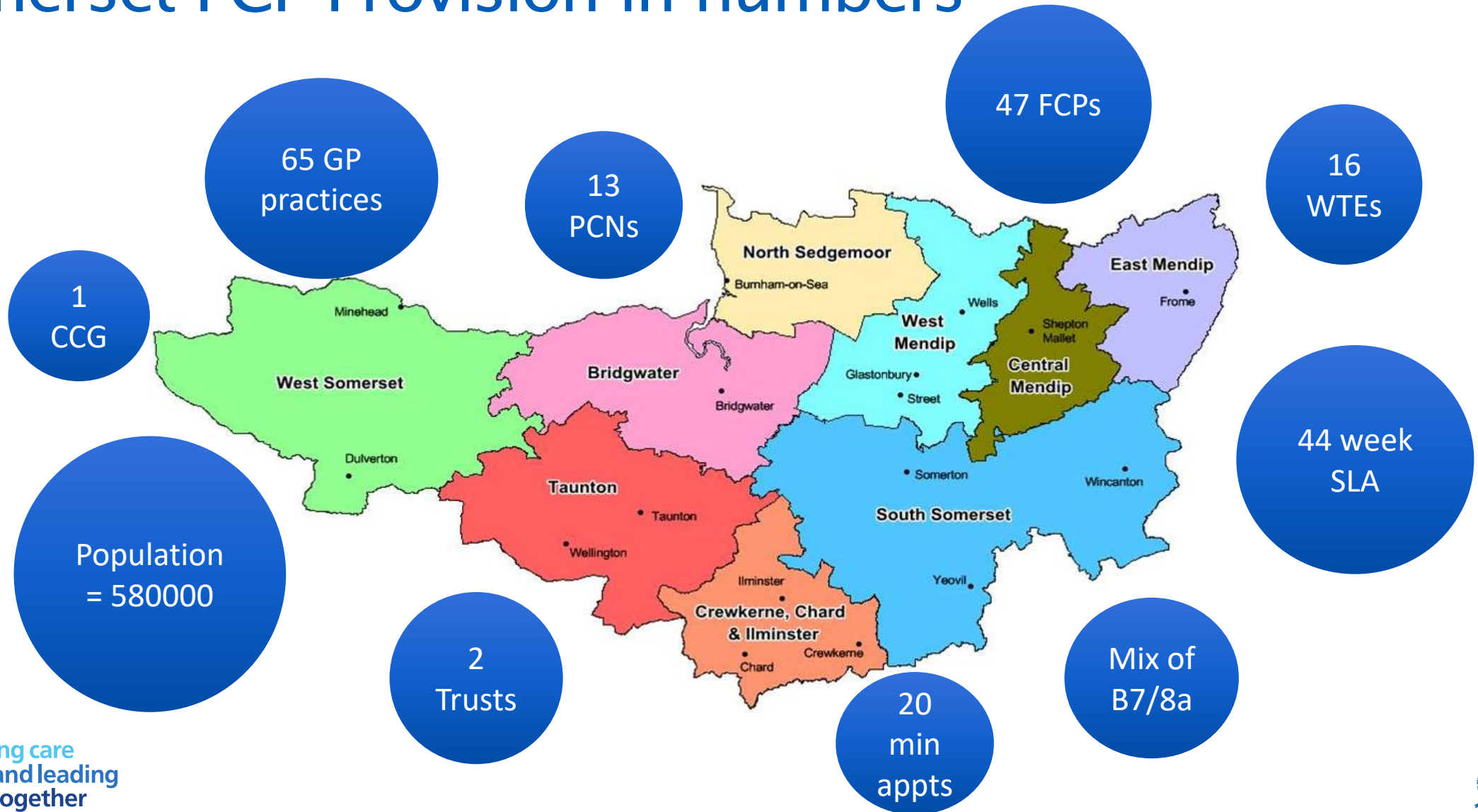
MSK First Contact Physio

Now fully funded under the GP contract

*Source: 6.3.4 of GP contract



Somerset FCP Provision in numbers



Workforce development



- Key to FCP to realising potential benefits
- Recruitment and *retention*
- Integration into primary care team
- Robust clinical supervision
- Across system working



FCP Roadmap

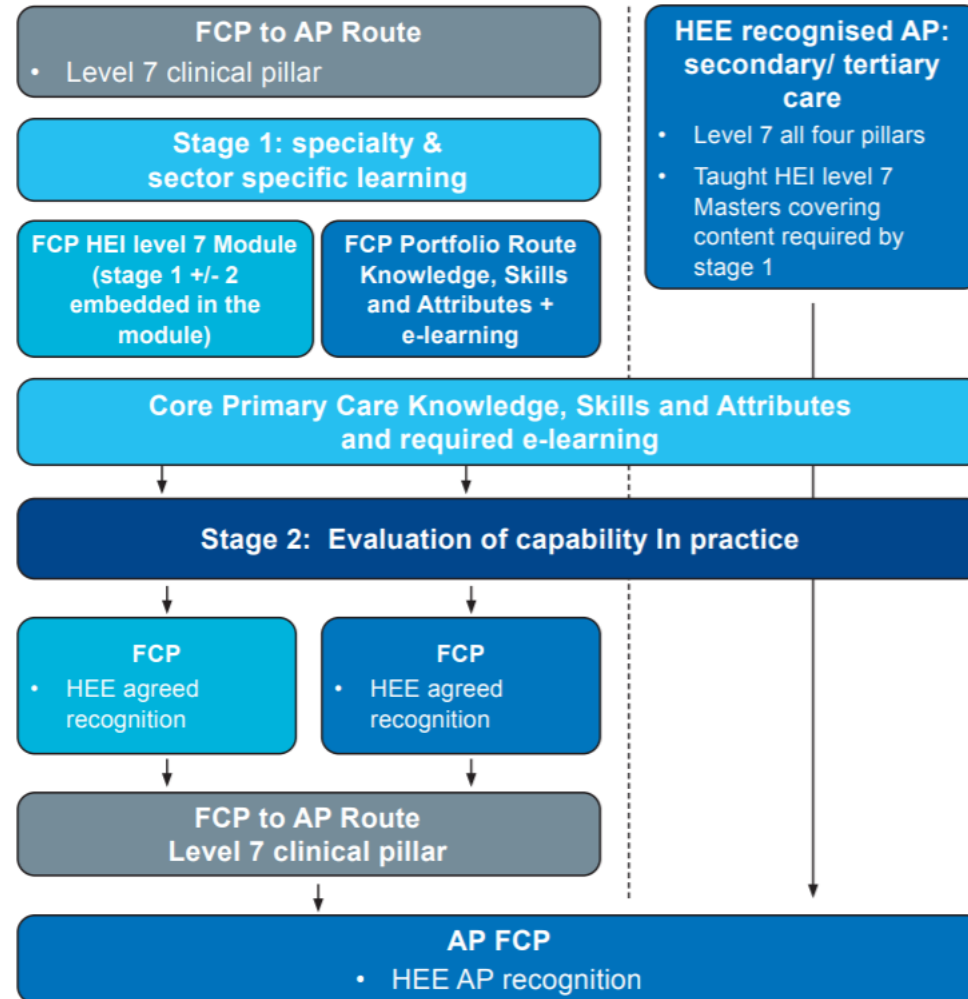


First Contact Practitioners
and Advanced Practitioners in
Primary Care: (Musculoskeletal)

A Roadmap to Practice

Developing people
for health and
healthcare
www.hee.nhs.uk

outstanding care
listening and leading
working together



<https://www.hee.nhs.uk/sites/default/files/documents/A%20Roadmap%20to%20Practice.pdf>





Thank you

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