

Lead. Manage. Thrive!

Red Whale

What they didn't teach us about making things happen – in practice!

A one-day course for Practice Managers

Sometimes it feels like thriving practices are few and far between. Demands on limited time and resources have never been higher, and this is true for all practice staff, not just the clinicians.

Our practices run in ever more complex ways and our teams extend beyond the practice walls.

We are scrutinised and inspected and expected to be accountable. Often we get that instinctive feeling that there must be a better way to do things but creating the space to make it happen can be difficult.

Why this course?

There are many resources out there; but search for “management and leadership” on Amazon and you will be hit by over 100,000 titles!

Which ones are worth reading and which ones aren't? Which ones apply to the unique quirks of General Practice?

Which ones give us practical tips we can implement from tomorrow to improve our personal and practice effectiveness?

Red Whale has done all the legwork to bring you a concise, practical and actionable course and handbook. Not only have we trawled through lots of relevant management, leadership and development literature, but we have also distilled its content through the lens of General Practice, enabling you to apply it to your own day-to-day reality.

MATT



*'You haven't once asked us
about our low morale!'*

'Matt/The Daily Telegraph 2017 © Telegraph Media Group Ltd'

Who is this course for?

Somerset LMC and Red Whale are excited to offer the Lead. Manage. Thrive! Course to Practice Managers working in Somerset.

Do you have that niggling feeling that your practice could be changed for the better but aren't quite sure how to make it happen?

Or perhaps you recognise the need to build your personal resilience to meet the demands of modern primary care?

Then the LMT Course is for you.

What will be covered?

Will we teach you everything there is to know on the subject?

No, but we will build on some of the 10 'High Impact Actions' outlined in the GP Forward View, with topics such as:

Developing your team by looking at teamwork, dysfunctional teams, how to manage meetings and influence your colleagues.

Enhancing personal productivity with time management techniques, how to be proactive about managing workload, delegation and personal leadership.

Developing QI Expertise by focusing on improvement at all levels including culture and change, QI and the PDSA cycle.

Sharing effective ways of working with colleagues.

Creating a productive work environment by empowering you to make the changes needed in your practice to help boost efficiency and motivation.

You will leave with lots of tools and techniques that you can use to make positive changes back in the practice the next day!

What else will the delegates get?

You will receive a copy of **The Lead. Manage. Thrive! Handbook** covering additional content to what is presented in the course.

You will also receive a 12 month subscription to www.gpcpd.com, home of the online Lead. Manage. Thrive! Handbook.

Why Red Whale?

Red Whale is one of the leading providers of primary care medical education in the UK with over 13,000 primary care practitioners attending our courses each year. We specialise in producing courses that are evidence-based, relevant to everyday practice, and full of action points that delegates can take away and implement immediately.

28th February 2017: 9.30am – 5pm
The Paddock Stand, Taunton Racecourse
Taunton TA3 7BL

Registration will be open from 8.30am and the course includes lunch.

For more information and to book your place, go to
www.somersetlmc.co.uk/events

