

# Taking the Strain



**Taunton Racecourse**  
**Tuesday 18th October**

## Speakers and Programme

**8.30-9.00 Registration and Coffee**

**9.00 Introduction and State of the Nation**

*Dr Harry Yoxall, Somerset LMC*

**9.40 Horizontal Integration**

*Adrian Poole, Porter Dodson*

**10.20 Practices Made Perfect**

*Dr Patricia Oakley, Practices Made Perfect Ltd*

**11.10 Coffee**

**11.25 The Causes and Symptoms of Stress**

*Dr Roger Crabtree, Somerset LMC & Somerset Safe House*

**12.10 Sharing Bright Ideas with Panel**

ECP

Craig Sutton, Irnham Lodge Surgery

Health Coach

Lorraine Cooper, Millbrook Surgery

Pharmacist

Vicky-Anne Sessions, Glastonbury Health Centre

**13.00 Lunch**

**14.00 The Art of Brilliance**

*Andy Cope, Art of Brilliance*

**15.30 Tea**

**Somerset Practice Managers and Somerset LMC would like to thank the following companies for supporting this event:**

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